

Wilderness First Responder Practice Test Questions and Answers

1. What is the primary difference between wilderness medicine and urban emergency medicine?

- A) Wilderness medicine uses more expensive equipment
- B) Wilderness medicine requires longer-term care decisions and improvised treatments in remote settings
- C) There is no difference between them
- D) Wilderness medicine only treats animal bites

2. What is the most important initial step when treating hypothermia in the wilderness?

- A) Give the patient alcohol to warm them up
- B) Prevent further heat loss and begin gradual rewarming
- C) Massage frozen extremities vigorously
- D) Immerse patient in hot water immediately

3. How should you treat a suspected spinal injury in a wilderness setting?

- A) Move the patient immediately to get help
- B) Maintain spinal immobilization and assess for neurological deficits before evacuation
- C) Let the patient walk if they can move their legs
- D) Only worry about spinal injuries if the patient is unconscious

4. What is the correct treatment sequence for severe bleeding in a wilderness environment?

- A) Apply tourniquet first, then direct pressure
- B) Direct pressure, elevation, pressure points, then tourniquet if needed
- C) Clean the wound before applying pressure
- D) Apply ice immediately to stop bleeding

Answers: 1-B 2-B 3-B 4-B

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