

Student Assistance Counselor Certification Practice Test Questions and Answers

1. What is the primary role of a Student Assistance Counselor in educational settings?

- A) Providing academic tutoring services only
- B) Identifying and supporting students with behavioral, emotional, or substance abuse issues
- C) Managing school disciplinary actions exclusively
- D) Teaching regular classroom subjects

2. Which approach is most effective when working with students showing signs of substance abuse?

- A) Immediate suspension from school
- B) Early identification, assessment, and connecting students with appropriate resources
- C) Ignoring warning signs to avoid confrontation
- D) Only involving parents without professional support

3. What is the most important ethical consideration when working with student clients?

- A) Sharing all student information with teachers
- B) Maintaining confidentiality while following mandatory reporting requirements
- C) Avoiding documentation of sessions
- D) Making treatment decisions without parental involvement

4. Which intervention strategy is most appropriate for students experiencing academic stress and anxiety?

- A) Recommending immediate withdrawal from challenging courses
- B) Teaching coping skills, stress management techniques, and providing emotional support
- C) Increasing academic pressure to build resilience
- D) Avoiding discussion of stressful topics entirely

Answers: 1-B 2-B 3-B 4-B

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