

SMSTS Practice Test Questions and Answers

1. What is the primary purpose of the Site Management Safety Training Scheme (SMSTS)?

- A) To train workers in basic construction skills
- B) To provide site managers with health and safety management knowledge
- C) To certify equipment operators
- D) To teach first aid procedures

2. Under CDM Regulations, who is responsible for ensuring health and safety on construction sites?

- A) Only the principal contractor
- B) Only the client
- C) All duty holders including client, designers, and contractors
- D) Only the site manager

3. What is the minimum height at which fall protection must be provided on construction sites?

- A) 1 meter
- B) 2 meters
- C) 3 meters
- D) 4 meters

4. Which document must be prepared before construction work begins on notifiable projects?

- A) Method statement
- B) Risk assessment
- C) Construction phase plan
- D) Site rules

Answers: 1-B 2-C 3-B 4-C

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