

# PAM Practice Test Questions and Answers

## 1. What is phonophoresis?

- A) Ultrasound therapy without medication.
- B) The application of medication using heat.
- C) The use of ultrasound to deliver medication into tissues.
- D) The use of cold therapy to deliver medication.

## 2. When should electrotherapy not be used?

- A) On areas with broken skin.
- B) For all types of pain.
- C) On areas without inflammation.
- D) Only for acute injuries.

## 3. What is the therapeutic purpose of a sitz bath?

- A) Full-body muscle relaxation
- B) Treatment of upper extremity injuries
- C) Perineal and pelvic region treatment
- D) Foot and ankle rehabilitation

## 4. What is the purpose of a treatment plan review?

- A) To evaluate progress and adjust interventions as needed
- B) To satisfy regulatory audit requirements only
- C) To justify billing codes
- D) To reduce the number of sessions

**Answers: 1-C 2-B 3-C 4-A**

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