

Neuro Linguistic Programming Coach Certification Practice Test Questions and Answers

1. What does NLP stand for in coaching and personal development?

- A) Natural Language Processing
- B) Neuro Linguistic Programming
- C) New Learning Principles
- D) Neural Learning Pathways

2. What is "rapport" in NLP coaching?

- A) A formal assessment tool
- B) A state of trust and connection established between coach and client
- C) A type of therapy session
- D) A billing procedure

3. Which NLP technique involves helping clients visualize achieving their desired outcomes?

- A) Bankruptcy planning
- B) Future pacing and outcome visualization
- C) Past regression only
- D) Financial accounting

4. What is the primary ethical responsibility of an NLP coach?

- A) Guaranteeing specific life changes
- B) Maintaining professional boundaries and acting in the client's best interest
- C) Providing medical diagnoses
- D) Selling additional services at every session

Answers: 1-B 2-B 3-B 4-B

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