

NPTE-PT Test Practice Test Questions and Answers

1. Which muscle is primarily responsible for hip flexion?

- A) Gluteus maximus
- B) Iliopsoas
- C) Hamstring group
- D) Quadriceps femoris

2. What is the normal range of motion for knee flexion?

- A) 0-90 degrees
- B) 0-120 degrees
- C) 0-135 degrees
- D) 0-150 degrees

3. Which intervention is most appropriate for acute inflammation?

- A) Heat therapy
- B) Ice therapy and rest
- C) Aggressive stretching
- D) High-intensity exercise

4. What does a positive Lachman test indicate?

- A) ACL tear
- B) MCL tear
- C) Meniscus tear
- D) PCL tear

Answers: 1-B 2-C 3-B 4-A

For More NPTE-PT Test Questions and Answers FREE, NPTE-PT Test Online Prep Training, NPTE-PT Test Exam, NPTE-PT Test Study Guide, NPTE-PT Test Flashcards, NPTE-PT Test Quizzes visit: