

NPTE-PTA Test Practice Test Questions and Answers

1. Goniometry measures:

- A) Muscle strength
- B) Joint range of motion
- C) Limb length discrepancy
- D) Sensation

2. The Wagner classification system grades:

- A) Pressure injuries
- B) Burns
- C) Diabetic foot ulcers
- D) Venous ulcers

3. The sit-and-reach test primarily measures:

- A) Hip flexor strength
- B) Hamstring and lower back flexibility
- C) Quadriceps flexibility
- D) Hip abductor range of motion

4. Berg Balance Scale scores of 0-20 indicate:

- A) Independent community ambulator
- B) Supervision required
- C) High fall risk requiring wheelchair
- D) Minimal fall risk

Answers: 1-B 2-C 3-B 4-C

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