

IHSA Practice Test Questions and Answers

1. What does IHSA typically stand for in athletics?

- A) International Health and Safety Association
- B) Illinois High School Association
- C) Industrial Health Standards Agency
- D) Independent Healthcare Services Authority

2. What is the primary role of a state high school athletic association?

- A) Professional sports management
- B) Governing and regulating high school sports and activities
- C) College recruiting
- D) Equipment manufacturing

3. Which principle is fundamental to high school athletic eligibility?

- A) Professional training only
- B) Academic performance and amateur status
- C) Financial capability
- D) Social media following

4. What is the purpose of sportsmanship education in high school athletics?

- A) Increasing competitive pressure
- B) Promoting respect, integrity, and fair play
- C) Reducing participation
- D) Eliminating competition

Answers: 1-B 2-B 3-B 4-B

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