

ICF Practice Test Questions and Answers

1. What does ICF stand for in professional coaching?

- A) International Coach Federation
- B) Institute for Career Formation
- C) Independent Coaching Framework
- D) International Coaching Foundation

2. What are the ICF Core Competencies designed to do?

- A) Define the skills and behaviors of effective coaching
- B) Set pricing standards for coaches
- C) Regulate coaching business practices
- D) Establish coaching session lengths

3. Which of the following is one of the ICF credential levels?

- A) Associate Certified Coach (ACC)
- B) Basic Coach Certification (BCC)
- C) Entry Level Coach (ELC)
- D) Novice Coach Credential (NCC)

4. What is the primary focus of ICF coaching standards?

- A) Providing advice and solutions
- B) Creating awareness and facilitating client-generated solutions
- C) Teaching specific skills
- D) Offering therapeutic interventions

Answers: 1-A 2-A 3-A 4-B

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