

# Holistic Medicine Practice Test Questions and Answers

## 1. Modern Western medicine:

- A) can cure everything
- B) is holistic
- C) is purely scientific
- D) is the same as indigenous medicine

## 2. What is meant by homeopathic?

- A) An alternative medical system that is based on the principle that the lower the dose of medication, the greater its effectiveness.
- B) A home remedy
- C) The use of herbs or natural products that are safe and free of side effects
- D) The philosophy that one medicine can be used to treat one disease

## 3. What is meant by naturopathic?

- A) The fear of nature
- B) A medical system that uses a variety of treatment approaches, including dietary and lifestyle changes, dietary supplements, relaxation techniques, along with conventional medicine
- C) A treatment plan where that patient forages for their own medicine in nature
- D) A treatment approach that uses only natural products in the treatment of health conditions

## 4. What does Reiki therapy involve?

- A) A practitioner channeling universal life energy through light touch or near-body hand positions
- B) Vigorous deep tissue manipulation
- C) Electrical stimulation of acupuncture points
- D) Manual lymphatic drainage techniques

**Answers: 1-B 2-A 3-B 4-A**

For More Holistic Medicine Questions and Answers FREE, Holistic Medicine Online Prep Training, Holistic Medicine Exam, Holistic Medicine Study Guide, Holistic Medicine Flashcards, Holistic Medicine Quizzes visit:

## Holistic Medicine Practice Test