

# Dental Braces Practice Test Questions and Answers

## 1. What are lingual braces?

- A) Braces placed on the tongue side of teeth
- B) Braces made of plastic
- C) Braces used only for children
- D) Braces attached to the outside of teeth

## 2. What is a Hawley retainer?

- A) A removable retainer with an acrylic plate and a wire that runs across the front teeth
- B) A clear plastic tray retainer
- C) A fixed wire bonded behind teeth
- D) A retainer worn only during the day

## 3. What is an Essix retainer?

- A) A clear plastic vacuum-formed tray that covers the teeth
- B) A metal wire bonded to the back of teeth
- C) A retainer worn only during sports
- D) A type of clear aligner used post-treatment

## 4. What is orthodontic relapse?

- A) The tendency of teeth to shift back toward their pre-treatment positions
- B) A failure of the retainer material
- C) Root resorption after treatment
- D) Gum recession after braces

**Answers: 1-A 2-A 3-A 4-A**

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