

# Certified Occupational Therapist Registered Practice Test Questions and Answers

## 1. What is the primary goal of occupational therapy intervention?

- A) Providing entertainment activities
- B) Enabling participation in meaningful daily activities and improving quality of life
- C) Focusing only on physical exercise
- D) Replacing all independent functioning

## 2. Which framework guides occupational therapy practice?

- A) Medical model exclusively
- B) Occupational Therapy Practice Framework focusing on occupation-based interventions
- C) Educational curriculum standards
- D) Insurance billing requirements only

## 3. What is essential for effective OT assessment?

- A) Using only standardized tests
- B) Client-centered evaluation including occupational history, performance, and environmental factors
- C) Avoiding client input
- D) Focusing only on deficits

## 4. Which intervention approach is most effective in occupational therapy?

- A) One-size-fits-all treatment protocols
- B) Individualized, occupation-based interventions tailored to client goals
- C) Avoiding functional activities
- D) Generic exercise programs only

Answers: 1-B 2-B 3-B 4-B

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