

# Certified Naturopathic Physician Practice Test Questions and Answers

## 1. Which principle is fundamental to naturopathic medicine practice?

- A) Treat symptoms immediately
- B) First, do no harm (Primum non nocere)
- C) Use pharmaceutical interventions primarily
- D) Focus on acute care only

## 2. What does "Vis medicatrix naturae" mean in naturopathic philosophy?

- A) Natural medicine is superior
- B) The healing power of nature
- C) Herbal remedies are best
- D) Prevention is key

## 3. Which approach best represents naturopathic patient care?

- A) Symptom suppression
- B) Treat the whole person and address root causes
- C) Quick diagnostic protocols
- D) Standardized treatment plans for all patients

## 4. What role does patient education play in naturopathic medicine?

- A) It is optional and time-consuming
- B) Essential for empowering patients to take responsibility for their health
- C) Only needed for complex cases
- D) Should be limited to avoid patient confusion

Answers: 1-B 2-B 3-B 4-B

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