

CTRS Practice Test Questions and Answers

1. What does CTRS stand for in recreational therapy?

- A) Certified Therapeutic Recreation Specialist
- B) Clinical Therapy and Recreation Services
- C) Community Treatment and Recovery Specialist
- D) Certified Trauma and Recovery Specialist

2. Which organization oversees the certification of recreational therapists in the United States?

- A) National Recreation and Park Association (NRPA)
- B) National Council for Therapeutic Recreation Certification (NCTRC)
- C) American Therapeutic Recreation Association (ATRA)
- D) International Association of Recreational Therapy (IART)

3. What is the primary goal of recreational therapy intervention?

- A) Entertainment and leisure activities
- B) Physical fitness improvement only
- C) Functional improvement and independence in life activities
- D) Social interaction in group settings

4. How often must a CTRS complete continuing education units (CEUs) to maintain certification?

- A) Annually
- B) Every 2 years
- C) Every 5 years
- D) Every 10 years

Answers: 1-A 2-B 3-C 4-C

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