

CRS Practice Test Questions and Answers

1. What is medication-assisted treatment (MAT)?

- A) It is a treatment that uses only prescription medications.
- B) It is a combination of medications and counseling to help with recovery
- C) It is used to increase substance consumption.
- D) It focuses on physical exercise.

2. Which strategy is essential for relapse prevention?

- A) Ignoring stress triggers.
- B) Identifying triggers and creating coping strategies
- C) Avoiding all social interactions.
- D) Isolating from support networks.

3. What is the main goal of substance use disorder treatment?

- A) To control substance consumption.
- B) To eliminate physical withdrawal symptoms.
- C) To reduce or eliminate substance use and improve overall well-being
- D) To increase the use of substances for self-control.

4. What is a key role of case management in recovery planning?

- A) To provide financial assistance.
- B) To coordinate the individual's care and services
- C) To administer medical treatments.
- D) To create a strict recovery timeline.

Answers: 1-B 2-B 3-C 4-B

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