

COTA Practice Test Questions and Answers

1. What is the primary focus of occupational therapy?

- A) Curing medical conditions
- B) Assisting clients in achieving independence in daily activities
- C) Diagnosing psychological disorders
- D) Prescribing medication

2. Which framework guides occupational therapy practice?

- A) Rehabilitation Science Guide
- B) Occupational Therapy Practice Framework (OTPF)
- C) Cognitive Behavioral Framework
- D) Medical Model of Therapy

3. How should challenges in safety and compliance be addressed?

- A) Avoid challenges and stick to familiar tasks
- B) Apply systematic problem-solving, seek expert guidance when needed, and document decisions
- C) Ignore challenges until they resolve themselves
- D) Delegate all challenges to supervisors

4. What is the role of observation during a patient evaluation?

- A) To confirm medical diagnoses
- B) To assess the patient's behavior, movements, and interactions
- C) To prescribe medications
- D) To perform physical therapy exercises

Answers: 1-B 2-B 3-B 4-B

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