

CNA - Certified Nurse Assistant Practice Test Questions and Answers

1. The periosteum is:

- A) The fluid found inside joints
- B) The tough membrane covering the outer surface of bones
- C) The spongy inner layer of bone tissue
- D) The cartilage at the end of long bones

2. What is restorative care?

- A) Care that restores the facility to its original condition after patient discharge
- B) Nursing care focused on returning patients to acute hospital status
- C) A care approach that maintains or improves a patient's functional abilities and independence
- D) Care provided only by licensed physical therapists

3. What does 'SpO2' measure?

- A) Oxygen saturation in the blood, measured by pulse oximetry
- B) Systolic blood pressure
- C) Serum potassium level
- D) Spinal pressure reading

4. Wrist supination refers to:

- A) Bending the wrist backward toward the forearm
- B) Rotating the forearm so the palm faces upward
- C) Moving the wrist toward the thumb side
- D) Bending the wrist forward toward the palm side

Answers: 1-B 2-C 3-A 4-B

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