

CLC Practice Test Questions and Answers

1. What does CLC typically stand for in lactation consulting?

- A) Certified Learning Consultant
- B) Certified Lactation Counselor
- C) Clinical Learning Center
- D) Community Learning Council

2. What is the recommended duration for exclusive breastfeeding according to WHO and AAP guidelines?

- A) 3 months
- B) 6 months
- C) 9 months
- D) 12 months

3. Which hormone is primarily responsible for milk production?

- A) Oxytocin
- B) Prolactin
- C) Estrogen
- D) Progesterone

4. What is the most effective position for ensuring a proper latch during breastfeeding?

- A) Any position is equally effective
- B) Baby's mouth wide open, chin touching breast, more areola visible above baby's mouth than below
- C) Baby should only latch onto the nipple
- D) Baby should face away from the mother

Answers: 1-B 2-B 3-B 4-B

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