

CITB Practice Test Questions and Answers

1. What does COSHH stand for?

- A) Control of Safety and Health at Height
- B) Control of Substances Hazardous to Health
- C) Certificate of Site Hazard Handling
- D) Code of Safety for Hazardous Handling

2. What is the purpose of a site induction?

- A) To assign workers to their teams
- B) To inform workers about site-specific hazards, rules, emergency procedures, and welfare facilities before they start work
- C) To check workers have the correct clothing
- D) To negotiate pay rates with subcontractors

3. What is a 'hot work permit' required for?

- A) Any work done during summer months
- B) Work involving open flames, welding, cutting, or grinding that could start a fire
- C) Working in areas where the temperature exceeds 30°C
- D) Any work involving electrical installations

4. What is a musculoskeletal disorder (MSD)?

- A) A skin condition caused by contact with chemicals
- B) An injury or condition affecting muscles, joints, tendons, or the spine
- C) A respiratory illness from dust exposure
- D) A mental health condition caused by stress at work

Answers: 1-B 2-B 3-B 4-B

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