

CES Practice Test Questions and Answers

1. What is a common ergonomic injury?

- A) Sprained ankle
- B) Carpal tunnel syndrome
- C) Skin irritation
- D) Fracture from fall

2. What is a common ergonomic injury?

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3. A footrest is most beneficial when:

- A) The worker prefers standing
- B) The chair cannot be raised enough to support neutral posture without leaving feet dangling
- C) The worker uses a sit-stand desk
- D) The floor surface is carpeted

4. Who should receive ergonomic training?

- A) Only management
- B) Only new hires
- C) Everyone in the workplace
- D) Only remote workers

Answers: 1-B 2-B 3-B 4-C

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