

CBMT Practice Test Questions and Answers

1. What does CBMT stand for in music therapy?

- A) Certification Board for Music Therapists
- B) Clinical Board for Musical Training
- C) Comprehensive Board for Music Teaching
- D) Certified Board of Music Therapy

2. Which music therapy technique involves using improvised music to facilitate emotional expression?

- A) Music listening
- B) Songwriting
- C) Musical improvisation
- D) Music and movement

3. What is the primary goal of assessment in music therapy?

- A) To test musical ability
- B) To determine treatment needs and goals
- C) To evaluate musical preferences
- D) To assess performance skills

4. Which population commonly benefits from music therapy interventions?

- A) Only children with autism
- B) Only elderly patients with dementia
- C) Individuals across all age groups and diagnoses
- D) Only professional musicians

Answers: 1-A 2-C 3-B 4-C

For More CBMT Questions and Answers FREE, CBMT Online Prep Training, CBMT Exam, CBMT Study Guide, CBMT Flashcards, CBMT Quizzes visit:

CBMT Practice Test