

CBHT Practice Test Questions and Answers

1. Naloxone (Narcan) is used to:

- A) Treat alcohol withdrawal
- B) Reverse opioid overdose
- C) Reduce cravings for stimulants
- D) Manage symptoms of benzodiazepine dependence

2. Panic disorder is best described as:

- A) Chronic, low-level worry about many life areas
- B) Recurrent unexpected panic attacks with persistent concern about future attacks
- C) Fear triggered only by specific objects or situations
- D) Social avoidance due to fear of embarrassment

3. When should documentation be completed?

- A) At the end of the week
- B) After leaving the facility
- C) As soon as possible after the event
- D) Before the next staff meeting

4. What should a BHT avoid during a crisis?

- A) Remaining calm
- B) Documenting behaviors
- C) Arguing with the client
- D) Calling for help if needed

Answers: 1-B 2-B 3-C 4-C

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