

CAC - Certified Aesthetic Consultant Practice Test Questions and Answers

1. The FDA classifies cosmeceuticals as:

- A) A category that does not officially exist under US law — products are either cosmetics or drugs
- B) Over-the-counter drugs requiring monograph compliance
- C) Prescription-only topical agents
- D) Medical devices regulated by CDRH

2. What is the function of melanin in the skin?

- A) To provide elasticity
- B) To protect against UV radiation
- C) To regulate temperature
- D) To increase collagen production

3. What is the primary function of the epidermis?

- A) To store fat
- B) To protect against environmental damage
- C) To regulate body temperature
- D) To produce collagen

4. What is the role of sebaceous glands in the skin?

- A) Produce sweat
- B) Produce sebum to moisturize and protect the skin
- C) Generate new skin cells
- D) Regulate body temperature

Answers: 1-A 2-B 3-B 4-B

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