

Board Certified Doctor of Physical Therapy Practice Test Questions and Answers

1. What is the primary muscle responsible for hip abduction in the frontal plane?

- A) Gluteus maximus
- B) Gluteus medius
- C) Tensor fasciae latae
- D) Piriformis

2. Which special test is most specific for diagnosing anterior cruciate ligament (ACL) tears?

- A) McMurray test
- B) Lachman test
- C) Valgus stress test
- D) Apley compression test

3. What is the correct sequence of phases in normal gait cycle?

- A) Swing phase followed by stance phase
- B) Stance phase followed by swing phase
- C) Loading response, midstance, terminal stance, swing
- D) Initial contact, loading response, midstance, terminal stance, pre-swing, swing

4. Which therapeutic modality is contraindicated in patients with active cancer?

- A) Cryotherapy
- B) Deep heat modalities like ultrasound over tumor sites
- C) Gentle range of motion exercises
- D) Patient education

Answers: 1-B 2-B 3-D 4-B

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