

Behavioral Health Professional Certification Practice Test Questions and Answers

1. What is the primary focus of behavioral health treatment?

- A) Physical rehabilitation only
- B) Mental health, substance abuse, and behavioral disorders
- C) Medical surgery procedures
- D) Nutritional counseling exclusively

2. Which ethical principle requires healthcare providers to respect patient autonomy and right to self-determination?

- A) Beneficence
- B) Non-maleficence
- C) Informed consent
- D) Justice

3. What does HIPAA primarily protect in behavioral health settings?

- A) Employee wages and benefits
- B) Patient health information privacy and security
- C) Insurance billing procedures
- D) Facility maintenance standards

4. Which therapeutic approach focuses on changing negative thought patterns and behaviors?

- A) Psychodynamic therapy
- B) Cognitive Behavioral Therapy (CBT)
- C) Art therapy
- D) Group recreational therapy

Answers: 1-B 2-C 3-B 4-B

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