

Bachelor of Arts in Psychology Practice Test Questions and Answers

1. Which part of the brain is primarily responsible for processing emotions?

- A) Cerebellum
- B) Limbic system
- C) Frontal cortex
- D) Brain stem

2. What does the term "cognitive dissonance" refer to?

- A) Memory loss
- B) Mental discomfort from holding contradictory beliefs
- C) Attention deficit
- D) Learning disability

3. According to Maslow's hierarchy of needs, which need must be satisfied first?

- A) Self-esteem
- B) Physiological needs
- C) Social belonging
- D) Self-actualization

4. What is the primary focus of behaviorism in psychology?

- A) Unconscious thoughts
- B) Observable behavior
- C) Cognitive processes
- D) Emotional states

Answers: 1-B 2-B 3-B 4-B

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