

American Association of Suicidology Practice Test Questions and Answers

1. What is considered the most significant risk factor for suicide?

- A) Age over 65
- B) Previous suicide attempt
- C) Social isolation
- D) Substance abuse

2. According to AAS guidelines, what should be the immediate response when someone expresses suicidal ideation?

- A) Schedule a follow-up appointment
- B) Conduct a thorough risk assessment
- C) Refer to a psychiatrist immediately
- D) Dismiss concerns if no plan is present

3. Which protective factor is most effective in suicide prevention?

- A) High academic achievement
- B) Strong social support network
- C) Financial stability
- D) Regular exercise routine

4. What does the AAS recommend regarding directly asking about suicidal thoughts?

- A) Avoid direct questions as they may trigger attempts
- B) Only trained professionals should ask
- C) Direct questioning is encouraged and does not increase risk
- D) Use only written assessments

Answers: 1-B 2-B 3-B 4-C

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