

Alzheimer's Caregiver Certification Practice Test Questions and Answers

1. What is the most common early symptom of Alzheimer's disease?

- A) Loss of motor skills
- B) Memory loss that disrupts daily life
- C) Aggressive behavior
- D) Loss of hearing

2. When caring for someone with Alzheimer's, what communication approach is most effective?

- A) Speaking loudly and quickly
- B) Using complex sentences
- C) Speaking slowly, clearly, and using simple words
- D) Avoiding eye contact

3. What is "sundowning" in Alzheimer's patients?

- A) Improved memory in the evening
- B) Increased confusion and agitation in late afternoon/evening
- C) Better sleep patterns at night
- D) Enhanced appetite during sunset

4. Which safety measure is most important in an Alzheimer's care environment?

- A) Removing all furniture
- B) Installing locks on doors and securing hazardous items
- C) Keeping all lights off
- D) Providing unlimited access to all areas

Answers: 1-B 2-C 3-B 4-B

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