

AOA Practice Test Questions and Answers

1. What does AOA stand for in osteopathic medicine?

- A) American Osteopathic Association
- B) Academy of Orthopedic Advancement
- C) Association of Orthopedic Administrators
- D) American Orthopedic Alliance

2. Which osteopathic principle emphasizes treating the person as a whole?

- A) Structure and function are interrelated
- B) The body is a unit of mind, body, and spirit
- C) The body possesses self-regulatory mechanisms
- D) Rational treatment is based on understanding

3. What is Osteopathic Manipulative Treatment (OMT)?

- A) A surgical procedure
- B) Hands-on techniques to diagnose and treat dysfunction
- C) Medication therapy
- D) Physical therapy exercises

4. Who founded osteopathic medicine?

- A) William Osler
- B) Andrew Taylor Still
- C) Daniel David Palmer
- D) John Harvey Kellogg

Answers: 1-A 2-B 3-B 4-B

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