

ANSA - Adult Needs and Strengths Assessment Practice Test Questions and Answers

1. What is cultural humility?

- A) Assuming knowledge of all cultures.
- B) Continuous self-evaluation
- C) Ignoring cultural issues.
- D) Applying stereotypes.

2. Why is informed consent important?

- A) It's optional.
- B) It ensures client understanding
- C) It delays assessments.
- D) It's only legal jargon.

3. How are client strengths identified?

- A) Ignoring client input.
- B) Assessment and self-report
- C) Assuming weaknesses.
- D) Focusing on deficits.

4. Why is client empowerment important?

- A) It reduces responsibility.
- B) It increases autonomy
- C) It causes dependency.
- D) It limits choices.

Answers: 1-B 2-B 3-B 4-B

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