

ACHPN Practice Test Questions and Answers

1. The primary goal of palliative sedation in the imminently dying patient is to:

- A) Induce a coma to ensure the patient does not awaken.
- B) Relieve intractable and refractory symptoms causing distress.
- C) Hasten the dying process to end suffering.
- D) Provide respite for family members overwhelmed by caregiving.

2. Which factor most increases the risk of complicated grief in a bereaved family caregiver?

- A) Having a large social support network
- B) A history of depression or prior traumatic losses
- C) Being over the age of 70
- D) Receiving hospice bereavement follow-up calls

3. Which diagnostic criterion differentiates terminal delirium from dementia in a hospice patient?

- A) Presence of hallucinations
- B) Acute onset and fluctuating course
- C) Age over 80 years
- D) Elevated creatinine levels

4. Which of the following is considered a significant risk factor for developing complicated grief?

- A) A high level of social support from family and friends
- B) The patient had a long, predictable illness trajectory
- C) The death was sudden, unexpected, and traumatic
- D) The bereaved individual has a history of secure attachment styles

Answers: 1-B 2-B 3-B 4-C

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