

ACBN Practice Test Questions and Answers

1. The method of breakdown.

- A) Lipolysis
- B) Catabolic
- C) Glycolysis
- D) Anaerobic

2. Vaporized tiny particles.

- A) Volatile molecules
- B) Hormones
- C) Dermis
- D) Odorant-binding proteins

3. What is impaired glucose tolerance?

- A) 2-hour plasma glucose between 140-199 mg/dl
- B) Fasting plasma glucose (FPG) > 140 mg/dl
- C) An HbA1c level of 6 or greater
- D) Casual plasma glucose of 200 mg/dl or greater

4. An efficient program for screening nutrition.

- A) Is founded on the concepts of specificity and sensitivity
- B) Includes all healthcare professionals who want to take part
- C) Is exclusively used to check for illnesses in children
- D) Utilizes food frequency questionnaires all the time

Answers: 1-B 2-A 3-A 4-A

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