

AAU Practice Test Questions and Answers

1. What is the primary mission of the Amateur Athletic Union (AAU)?

- A) Professional sports management only
- B) Promoting amateur sports and physical fitness programs for youth and adults
- C) Operating commercial fitness facilities
- D) Managing college athletic scholarships

2. Which age group does AAU primarily serve in its youth sports programs?

- A) Ages 2-18
- B) Ages 10-25
- C) Ages 18-35
- D) Ages 25-50

3. What is required for athletes to maintain AAU eligibility?

- A) Professional coaching certification
- B) Amateur status and compliance with AAU rules and regulations
- C) Minimum income requirements
- D) College enrollment only

4. Which principle is fundamental to AAU's approach to youth athletics?

- A) Winning at all costs
- B) Sports for all - emphasizing participation, sportsmanship, and character development
- C) Elite competition exclusively
- D) Profit maximization from events

Answers: 1-B 2-A 3-B 4-B

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