

AANPCB Practice Test Questions and Answers

1. What is the mechanism of action of beta-blockers?

- A) Reduce heart rate and myocardial contractility
- B) Block calcium channels in blood vessels
- C) Inhibit angiotensin-converting enzyme
- D) Increase sympathetic nervous system activity

2. What is the primary focus of advanced practice nursing?

- A) Administrative tasks
- B) Evidence-based patient care
- C) Scheduling appointments
- D) Billing and coding

3. Which factor is considered a social determinant of health?

- A) Height
- B) Genetic predisposition
- C) Access to nutritious food
- D) Blood pressure levels

4. What assessment technique is fundamental to care planning?

- A) Relying solely on monitor readings
- B) Systematic head-to-toe assessment combined with patient interview
- C) Checking only the chief complaint area
- D) Reading the previous shift's notes only

Answers: 1-A 2-B 3-C 4-B

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